

CHAPTER 6



Social Services — People with disabilities

A car hit Luvuyo Khani's mother while she was pregnant with him. After he was born, they realised that there was a problem with his spine. He was never able to walk and was in a wheelchair from a very young age. Luvuyo received a disability grant from that point on. When his mother became ill a few years later, he decided to try to get work so that he could take care of his younger brother and sister. He is now working at the Berg River Association for People with Disabilities in Church Avenue, Velddrif. They make wooden items that can be sold. Luvuyo dreams of the day when he can open his own business. He attends classes in the evening.





WESTERN CAPE

Athlone School for the Blind

Athlone Street, Baroma Estate, Glenhaven, **Bellville South**, 7530

Private Bag X1, Kasselsvlei, Bellville South, 7532

Tel: (021) 951 2234

Fax: (021) 951 5118

E-mail: root@athloneblind.wcape.school.za

Contact Person: Mr F Fisher

Non-governmental welfare organisation: This project addresses the problem of unemployment of blind people. The aim is to help blind people to stand on their own feet so they will be able to earn an income. Blind people are encouraged to undergo training in the music industry, particularly to become performers or sound engineers so they can take advantage of their extraordinary hearing abilities.

(Area served: Western Cape)

Boland District

Drakenstein Centre for People with Disabilities:

12 Louws Avenue, **Suider-Paarl**, 7620

PO Box 2657, Paarl, 7620

Tel: (021) 863 0446

Fax: (021) 863 0450

Contact Person: Ms F de Jong

Non-governmental organisation—training:

This welfare organisation caters for approximately 30 men and women with disabilities. It encourages independence through providing a number of services, exercises and training facilities for people with disabilities. It has a transport service that fetches people from their homes. At present there are five projects: needlework, woodwork, upholstery, contract work and artwork.

(Area served: Paarl)

Lewensruimte Vir Doves

Ou Meule, De la Bat Road, **Worcester**, 6850

Private Bag X3101, Worcester, 6849

Tel: (023) 342 0757

Fax: (023) 342 0087

E-mail: director_ld@deafcare.co.za

Contact Person: Rev AL Smit

Non-governmental organisation—training

workshop: This organisation has a sheltered workshop for deaf adults with multiple disabilities. Some people live and work at the centre. There are also other day care people who just come there to work. The fee involved depends on the amount of care that the person needs. The people earn a small salary and also receive a pension and a disability grant. They do projects such as woodwork, ceramic ware and needlework, as well as contract work, such as putting letters in envelopes or folding files. They also do artwork.

Sanel (Wellington):

44 Versailles Street, Wellington, 7655

PO Box 311, **Wellington**, 7655

Tel: (021) 873 1259

Fax: (021) 873 5951

E-mail: sanelwcb@mweb.co.za

Contact Person: Mr du Toit

Non-governmental organisation—training:

This organisation offers epilepsy sufferers equal opportunities to reach their full potential in all areas of their lives and to be independent.

Stellenbosch Work Centre:

1 Patrys Road, below Papegaaiberg, **Stellenbosch**, 7602

PO Box 3359, Matieland, 7602

Tel: (021) 887 8688

Fax: (021) 887 8504

Contact Person: Mr P Williams

Non-governmental organisation—training:

This institution helps people with disabilities to develop skills and abilities. It offers day care facilities. It also offers a rehabilitation programme.

(Area served: Stellenbosch area)

Sunfield House:

Bainskloof Road, **Wellington**, 7654

PO Box 824, Wellington, 7654

Tel: (021) 873 5038

Fax: (021) 864 3124

E-mail: wellsun@mweb.co.za

Contact Person: Mr D de Villiers

Non-governmental organisation—training:

An institution for adults with mental disabilities. There are 86 inhabitants and also 13 day care people. They do mainly contract work, such as folding cardboard boxes and accounts, as well as woodwork and restoration work. They have to pay for their accommodation, which is deducted from their disability fund.

Worcester Organisation for the Physically Disabled:

Corner of Grey and Church Streets, **Worcester**, 6850

PO Box 878, Worcester, 6850

Tel: (023) 347 2002

Fax: (023) 347 2178

E-mail: wrcadp@lando.co.za

Contact Person: Mrs E Lotriet

Non-governmental organisation—training:

The organisation provides aftercare facilities to people with disabilities. It holds workshops to teach these people artwork and handicraft skills. There are also care facilities for children (crèches).

(Area served: Bonnievale and the Breede Valley)



Eden District

Emmaus:

6 Memoriam Street, **George**, 6530

PO Box 6, George, 6532

Tel: (044) 873 4196

Fax: (044) 873 4196

Contact Person: Mrs E Badenhorst

Non-governmental organisation—training workshops: Emmaus is a sheltered workshop for adults with disabilities. They restore furniture.

Moria Workshop:

Olympic Road, Pacaltsdorp, **George**, 6530

PO Box 1070, George, 6530

Tel: (044) 878 0063

Fax: (044) 878 0063

E-mail: apd_george@ananzi.co.za

Contact Person: Ms J Viljoen

Non-governmental organisation—training workshop: Moria is a centre that caters for men and women with multiple disabilities. People are collected from and dropped off at their homes every day. They pay a monthly fee of R35 per month, which includes the cost of transport and tea. Most of them also receive a disability grant. They do needlework, knitting, woodwork, embroidery and also restore furniture.

George Association for the Physically Disabled:

Lang Street, Carpe Diem School, Clifia Hostel,

George, 6530

PO Box 1070, George, 6530

Tel: (044) 874 4303

Fax: (044) 878 0063

Contact Person: Ms H Claasen

Non-governmental welfare organisation: This association provides social services to people with handicaps. The organisation is also involved in community projects, training and job placements.

Knysna Association for the Physically Disabled:

Corner of Fortuin and Wing Road, Hornlee, **Knysna**, 6570

PO Box 200, Knysna, 6570

Tel: (044) 385 0145

Fax: (044) 385 0145

E-mail: apdknysna@telkom.net

Contact Person: Mrs C Boshoff

Non-governmental welfare organisation: This organisation offers services to people with physical disabilities. The association is also involved in community development and improving the quality of life of people with disabilities.

Oudtshoorn Association for the Physically Disabled:

25 Baron Van Rheede Street, **Oudtshoorn**, 6620

PO Box 86, Oudtshoorn, 6620

Tel: (044) 272 0683

Fax: (044) 272 0683

Contact Person: Ms L Olivier

Non-governmental organisation—training workshops and welfare organisation: The association provides services to people with physical disabilities. They also have a workshop where people are trained in needlework and other skills. There is a day care centre for children. The organisation is involved in community development and improving the quality of life of the disabled.

Epilepsy South Africa:

Rio Road, **Knysna**, 6570

PO Box 107, Knysna, 6570

Tel: (044) 382 2155

Fax: (044) 382 3545

E-mail: southcape@epilepsy.org.za

Contact Person: Mrs HO Schutte

Non-governmental organisation—training workshops: Sanel is a welfare organisation with approximately 60 residents and 25 day visitors. The organisation caters for people who suffer from epilepsy as well as people with disabilities. The residents produce garden products and do weaving and leatherwork.

(Area served: Knysna)

Wallace Anderson House:

29 Protea Street, **Riversdale**, 6670

Tel: (028) 713 3626

Fax: (028) 713 3626

E-mail: wah@intellect.co.za

Contact Person: Mrs W Uys

Non-governmental treatment centre: The centre offers a home to people with physical disabilities.

Overberg District

Camphill Hemel-en-Aarde Farm Community:

Caledon Road, Hemel-en-Aarde Valley, **Hermanus**, 7200

PO Box 301, Hermanus, 7200

Tel: (028) 313 8200

Fax: (028) 313 8210

E-mail: camphillfarm@hermanus.co.za

Contact Person: Mrs I Zwygla

Non-governmental welfare organisation: This organisation provides accommodation, care and work opportunities for adults with mental and physical disabilities. Hemel-en-Aarde has a health and therapy centre with group housing. Through their products and services, they hope to have a healing effect on the environment and the wider community. Activities include agriculture, a bakery, making of wicker baskets, a farm shop and a tea garden. They have started a youth empowerment programme. This includes a



training course, which orientates young people and offers advice on career planning.

(Area served: Hermanus and surrounding rural areas)

Elim Home for the Disabled:

Die Werf, **Elim**, 7284

PO Box 19, Elim, 7284

Tel: (028) 482 1988

Fax: (028) 482 1648

E-mail: elimhome@worldonline.co.za

Contact Person: Ms CM Engel

Non-governmental treatment centre: Elim Home is a residence which offers 24-hour care to approximately 49 children between the ages of 5 and 25. There is also a group house for adults, but preference is given to people already in their care. They offer care to people with serious intellectual and physical disabilities.

(Area served: Bredasdorp, Napier, Struisbaai)

■ **Central Karoo District**

Association for the Disabled:

Alongside N1 to Cape Town

PO Box 58, **Beaufort West**, 7970

Tel: (023) 415 1650

Fax: (023) 414 3066

Contact Person: Mrs Jooste

Provincial programme—treatment centre: This centre does case work, group work and workshops for adults with disabilities. The centre also offers activities for children with disabilities.

(Area served: Beaufort West, Prince Albert)

■ **City of Cape Town District**

Alta du Toit Aftercare Centre:

Upper Lincoln Street, **Bellville**, 7531

PO Box 5002, Bellville, 7531

Tel: (021) 913 2106

Fax: (021) 913 3658

Contact Person: Mr R Basson

Non-governmental organisation—training: This institution cares for and develops people with mental and psychological disabilities. There are about 160 residents, but other people come there during the day. Their ages range from 18 upwards. They are kept busy doing projects such as needlework, pottery, weaving and woodwork.

Cape Association for Mental Health:

22 Ivy Street, **Observatory**, 7925

Private Bag X7, Observatory, 7935

Tel: (021) 447 9040

Fax: (021) 448 8475

Contact Person: Mrs Tahira Kassiem

E-Mail: info@cmhs.co.za

Non-governmental organisation—counselling and education:

This association is concerned with mental health. They administer the cases of the people who make use of their services and also offer support, training and capacity building to people with mental disabilities and their families.

Cape Town Association for the Physically Disabled:

Reable Centre, 152 Tarentaal Street, **Bridgetown**, 7764

PO Box 12982, Mowbray, 7705

Tel: (021) 637 1205

Fax: (021) 637 1204

E-mail: reable@iafrica.com

Contact Person: Mrs Bridgette van der Merwe

Non-governmental welfare organisation: This

organisation offers social development services to people with physical handicaps who live with their families. Other services include support and empowerment through counselling, group activities and community development. The organisation focuses on the basic needs of people with disabilities, such as grants and basic help, transport, education, access to sports facilities and job creation.

(Area served: Cape Peninsula, Blaauwberg, Simonstown, Khayelitsha)

Indecomp:

Reable Centre, 152 Tarentaal Street, **Bridgetown**, 7764

PO Box 6, Hanover Park, 7782

Tel: (021) 637 1205

Fax: (021) 637 1204

E-mail: indecompbureau@iafrica.com

Contact Person: Mr N White

Non-governmental organisation—training: This

organisation makes use of people with disabilities to enter information on computers. They also receive computer training.

Astra Centre:

20 Breda Street, Gardens, **Cape Town**, 8001

Tel: (021) 465 4200

Fax: (021) 465 4231

E-mail: jsec@iafrica.com

Contact Person: Mrs S Agranat

Non-governmental workshop—training: This

workshop offers training and development activities to people with mental disabilities. They make a variety of products, which they sell to the public and to shops. There is no fee involved in attending the workshops.

Mitchells Plain Centre for the Disabled:

Corner of Charlie Street and 9th Avenue, Beacon Valley, **Mitchells Plain**, 7785

Private Bag X7, Observatory, 7935

Tel: (021) 376 7809

Fax: (021) 376 7812

Contact Person: Mr J Darries

**Non-governmental organisation — training:**

Approximately 80 people with disabilities come to the centre every day to learn life skills. There is also a group learning production skills. The centre assists people with disabilities to have a chance at finding work in the formal economy one day.

Ocean View Work Group:

Corner of Draco and Castor Roads, **Ocean View**, 7975

Tel: (021) 783 1274

Fax: (021) 788 1882

E-mail: dawnhare@iafrica.com

Contact Person: Ms D Hare

Non-governmental organisation — training

workshops: This organisation creates training and job opportunities for adults with disabilities and is also involved in community development in the Ocean View area. They offer workshops in a sheltered environment and have a special care centre for children who have intellectual and physical disabilities.

Joyce Chevalier Centre for the Handicapped:

23 Upper Kinrae Crescent, **Fish Hoek**, 7975

Tel: (021) 782 2126

Fax: (021) 782 2126

Contact Person: Mrs O Norton

Non-governmental organisation — training

workshop: The institution offers a workshop environment for the disabled. They do contract work for Ina Paarman. Salaries are paid weekly. Tea and coffee are given to the workers in the course of the day, but no meals.

Kwa-Nontuthuzelo:

NY 108, Uluntu Centre, **Guguletu**, 7490

PO Box 21 181, Durrheim, 7491

Tel: (021) 638 7174

Fax: (021) 699 1856

Contact Person: Ms D de Klerk

Non-governmental organisation — training

workshop: This institution is a sheltered workshop that caters for people with any kind of disability apart from blindness. The workshop produces its own products as well as products on contract. The disabled people earn a weekly salary for work done.

Kwa-Nothemba:

Phakamani Road, Section E, **Khayelitsha**, 7785

PO Box 494, Mitchells Plain, 7785

Tel: (021) 361 1560

Fax: (021) 932 5048

E-mail: mwannen@iafrica.com

Contact Person: Mr A Parker

Non-governmental organisation — training

workshop: This institution is a sheltered workshop for adults with disabilities (18 and older). At the moment there are about 60 people. There is no charge for coming to the workshop. There are a variety of projects on offer such as catering, needlework and gardening.

Miracles:

Corner of 100 Voortekker Street and Alice Street, **Goodwood**, 7459

PO Box 563, Goodwood, 7459

Tel: (021) 592 4173

Fax: (021) 592 4371

Contact Person: Mrs L De Jager

Non-governmental organisation — training

workshop: Miracles is a sheltered workshop for people with physical disabilities, which teaches life skills. There are approximately 145 people at this centre. Transport is organised at low cost and the people are involved in doing various projects like handicraft, restoration and contract work. They receive a small salary for this to supplement their disability grants. The organisation is also currently involved in a sports project.

Oasis Workshops:

1. Corner of 16th Street and 8th Avenue, **Elsies River**, 7735 (also known as Goodwood Sheltered Workshop)
Private Bag X23, Claremont, 7735
Tel: (021) 933 1586
Fax: (021) 931 3882
E-mail: oasis@mweb.co.za
Contact Person: Mrs Beverley Damon
2. 33 Lee Street, **Claremont**, 7708 (also known as Claremont Sheltered Workshop)
Private Bag X23, Claremont, 7735
Tel: (021) 671 2698
Fax: (021) 683 5011
E-mail: oasisps@mweb.co.za
Contact Person: Ms G Bester

Non-governmental organisation — training

workshops: Elsies River: This is a sheltered workshop which has approximately 200 adults with mental disabilities. Transport is organised. They do small jobs like cleaning and packaging for which they receive a small salary every month. **Claremont:** This is a workshop that has approximately 350 adults and 80 children with mental disabilities. The two houses accommodate 40 people. Participants work on projects such as contract work and recycling for which they earn a small salary.

The Village Workshop:

11 First Avenue, **Claremont**, 7708

PO Box 2384, Clareinch, 7740

Tel: (021) 683 1300

Fax: (021) 683 8780

Contact Person: Mrs E Harris

Non-governmental organisation — training:

This is a welfare organisation that caters for approximately 120 men and women with disabilities. A transport service collects people from their homes. They do projects like needlework, woodwork and packaging.



Robertson House:

20 Corsair Road, **Sanddrift**, 7441
PO Box 176, Milnerton, 7435
Tel: (021) 551 3780
Fax: (021) 551 3780
E-mail: christellepretorius@webmail.co.za
Contact Person: Mrs C Pretorius

Non-governmental organisation—treatment centre: This organisation provides accommodation and facilities for people with physical or mental disabilities.

Rosedon House Cerebral Palsied Adults:

11 Rosedon Road, **Rondebosch East**, 7702
PO Box 36453, Glosderry, 7702
Tel: (021) 696 2042
Fax: (021) 696 4988
Contact Person: Mrs L Ziyestra

Non-governmental welfare organisation: This house offers housing for adults with cerebral palsy.

Unity Work Centre:

9B Viben Avenue, **Brackenfell**, 7570
PO Box 1503, Kraaifontein, 7570
Tel: (021) 982 5294
Fax: (021) 982 5294
E-mail: gnoel@pawc.wcape.gov.za
Contact Person: Ms V Jeposa

Non-governmental organisation—training: This institution caters for adults with disabilities. They are currently engaged with a needlework project that trains people with disabilities to do needlework.

Tygerberg Association for the Physically Disabled:

St Georges Street, **Bellville**, 7530
PO Box 298, Cape Town, 8001
Tel: (021) 945 4710
Fax: (021) 948 8972
Contact Person: Mr Joseph

Non-governmental welfare organisation: The main aim of the organisation is the social and political empowerment of the disabled, the alleviation of poverty and funding.

Unity 2 Workshop:

Unit 6, Nicole Road, Blackheath, **Eerste River**, 7100
Tel: (021) 905 6215
Fax: (021) 905 0275
E-mail: gnoel@pawc.wcape.gov.za
Contact Person: Mrs D Markus

Non-governmental organisation—training workshops: This institution helps to train and develop people with physical disabilities. It provides day care facilities and has a transport service that takes people from their homes to the workshop. It has two day care centres at present. The adults work in the workshop and there is also a nursery school for young children.

■ **West Coast District**

Olifants River Association for People with Physical Disabilities:

Plot 4, **Vredendal**, 8160
PO Box 752, Vredendal, 8160
Tel: (027) 213 5764
Fax: (027) 213 5764, Helpline: 0833 569 054
E-mail: olifantsrvlg@kingsley.co.za
Contact Person: Mrs SJ Carstens

Non-governmental welfare organisation: This welfare organisation caters for the needs of people with physical disabilities. At present people working in groups make certain items, which are sold in a shop called "Physdizzi". The organisation receives 30% of the profit to buy material and the rest goes to the disabled.

West Coast Association for the Physically Disabled:

Next to 94 Boswewer Street, **Vredenburg**, 7380
PO Box 114, Vredenburg, 7380
Tel: (022) 713 2304
Fax: (022) 713 1639
Contact Person: Mrs L Blake

Non-governmental organisation—treatment centre: This association offers rehabilitation and day care facilities for people with disabilities.
(Area served: Berg River and Saldanha)

The Camphill Alpha-and-Omega Farm Community:

Klein Dassenberg Road, **Atlantis**, 7350
PO Box 1451, Dassenberg, 7350
Tel: (021) 572 2345
Fax: (021) 572 2238
E-mail: info@camphill.org.za
Contact Person: Mr B Joffin

Non-governmental welfare organisation: This organisation provides accommodation, care and job opportunities for adults with physical and mental disabilities. Alpha-and-Omega has a health and therapy centre with group housing. Through its products and services, it hopes to have a healing effect on the environment and the wider community. Activities include agriculture, a bakery, making of wicker baskets, a farm shop and a tea garden. It has started a youth empowerment programme. This includes a training course, which orientates young people and offers advice on career planning.
(Area served: Atlantis)