

CHAPTER 8



Social Services — Substance abuse

Recently Johannes Pieterse of Cape Town began drinking so heavily that nobody was prepared to give him a job anymore. During this time he ran across an old friend, Sara. She works at a factory in Wynberg as a machine assistant. She told him, “You know, they are looking for new staff at the factory where I work. You must pull yourself together so you can come and apply. After all, you are someone who knows machines.”

Johannes realised that he would not be offered work before he had done something about his drinking problem. And he was tired of the night shelter. It was really very unpleasant. Much to Sara’s surprise, he replied, “Yes, Sara, I know I need help and I would really like to have the job. Then we

can have a good laugh together about Santie's socks. But I don't know where to go for help. I don't even have any money for food." Sara then told him about the SANCA offices in Voortrekker Street in Bellville. Johannes has been on the rehabilitation programme for a month now and things are going well.

Even if he does get work, he will have to stay at the night shelter until he is on his feet again and can pay for a room. Perhaps he will even have the money soon to ask Sara out.



WESTERN CAPE

Heskith King Salvation Army Treatment Centre

Corner of Old Paarl and Klipheuwel Roads (R304), Muldersvlei, **Elsenburg**, 7600
 PO Box 5, Elsenburg, 7607
 Tel: (021) 884 4600
 Fax: (021) 884 4602
 E-mail: hking@mweb.co.za
 Contact: Captain P Lovick

Non-governmental organisation—treatment centre: This is a centre for alcohol abusers. Only men over the age of 18 are accommodated.
 (Area served: Western Cape)

South African National Council for Alcoholism and Drug Dependency (SANCA), Western Cape Regional Office

602 (6th floor) Tygerberg Centre, 16 Voortrekker Street, **Bellville**, 7535
 PO Box 860, Bellville, 7535
 Tel: (021) 945 4080
 Fax: (021) 945 4082
 E-mail: sancawc@mweb.co.za
 Contact: Dr DP Fourie

Non-governmental organisation—support for substance abusers and dependents: SANCA specifically focuses on the prevention and treatment of drug and alcohol abuse. It also mounts campaigns in various communities and schools. The cost of the counselling is determined according to the income of the person, but people in need are never turned away.

Christian Alcoholics Brotherhood (CAB) Refuge Centres

Central Branch, 40 Noble Street, **Worcester**, 6850
 PO Box 515, Worcester, 6849
 Tel: (023) 342 1162
 Fax: (023) 347 3232
 E-mail: toevlug@mweb.co.za

Contact: Rev JS Van Rooy or Mrs T Rossouw
Non-governmental organisation—Support for substance abusers and dependents/treatment centres: The centres have multi-disciplinary teams who use information, guidance, treatment and aftercare to enable alcohol/drug dependents to adjust to life in the community with greater success. Because they take the view that the dependent can not be treated in isolation, intensive family therapy is used. All other significant people are also involved in the treatment.
 (Area served: Western Cape)

Boland District

South African National Council for Alcoholism and Drug Dependency (SANCA)

1. Alcohol and Drug Centre: JF Phillips Building, 34 Lady Grey Street, **Paarl**, 7620
 PO Box 249, Paarl, 7620
 Tel: (021) 812 9671
 Fax: (021) 872 5050
 Contact: Mrs M Bezuidenhout
2. Refuge Centre: 40 Noble Street, **Worcester**, 6850
 PO Box 515, Worcester, 6849
 Tel: (023) 342 1162
 Fax: (023) 347 3232
 E-mail: toevlug@mweb.co.za
 Contact: Rev JS Van Rooy or Mrs T Rossouw



Non-governmental organisation—support for substance abusers and dependents/treatment centres: These organisations offer help to people who are addicted to alcohol or chemical substances of any kind, such as nicotine, dagga, mandrax, LSD and other illegal drugs. It offers the following services: assessment, long term in-patient treatment, out-patient treatment, follow up services and prevention by means of horizon life skills. **Refuge Centre** has a multi-disciplinary team that uses information, guidance, treatment and aftercare to enable alcohol/drug dependents to adjust to life in the community with greater success. Because they take the view that the dependent can not be treated in isolation, intensive family therapy is used.
(Area served: Western Cape)

Eden District

South African National Council for Alcoholism and Drug Dependency (SANCA)

2nd Floor, Tommy Joubert Plaza, 100 Mead Street,
George (North)
PO Box 2310, George, 6530
Tel: (044) 884 0674
Fax: (044) 884 0674
Contact: Ms A Modise

Serenity Care Centre

Elandskraal, **Sedgefield**, 6573
PO Box 1290, Knysna, 6570
Tel: (044) 343 1395
Fax: (044) 343 1919
E-mail: serenity@cyberperk.co.za
Contact: Mr A Allen

Non-governmental organisation—support for substance abusers and dependents: This organisation offers help to people who are addicted to alcohol or chemical substances of any kind, such as nicotine, dagga, mandrax, LSD and other illegal drugs. The following services are offered: long-term in-patient treatment, and schooling facilities for people under the age of 18.

(Area served: Knysna and surrounding areas)

George Alcohol and Drug Centre

2nd Floor, Tommy Joubert Plaza, 100 Mead Street,
George (North)
PO Box 2310, George, 6530
Tel: (044) 884 0674
Fax: (044) 884 0674
Contact: Ms A Modise

Knysna Alcohol and Drug Centre:

17 Gray Street, **Knysna**, 6570
PO Box 1290, Knysna, 6570
Tel: (044) 382 5060
Fax: (044) 382 5060
E-mail: serenity@cyberperk.co.za
Contact: Ms A Grobler

Non-governmental organisation—support for substance abusers and dependents: This organisation specifically focuses on the prevention and treatment of drug and alcohol abuse, as well as on mounting campaigns in various communities and schools. The cost of the counselling is determined according to the income of the person, but people in need are never turned away.
(Area served: George and surrounding areas)

City of Cape Town District

Cape Town Drug Counselling Centre

1 Roman Street, **Observatory**, 7935
PO Box 56, Observatory, 7935
Tel: (021) 447 8026
Fax: (021) 447 8818
E-mail: ctdcc@iafrica.com
Contact: Ms C Karassellors

Non-governmental organisation—treatment centre: This day care centre is for people of any age who are drug abusers. These people are given guidance and motivational talks. There is a guidance session for the patients' families once a week.
(Area served: Cape Peninsula)

Ramot Centre for Alcohol and Drug Dependents

54 Toner Street, **Parow-East**, 7500
Tel: (021) 939 2033
Fax: (021) 930 3123
E-mail: ramot@mweb.co.za
Contact: Rev PL Theron, Mrs L Nell

Non-governmental organisation—treatment centre: This centre is for alcohol and drug addicts. The addicts are kept here for 31 days. Men and women between the ages of 18 and 60 are admitted.

Centres of the South African National Council for Alcoholism and Drug Dependency (SANCA)

1. Corner of Sun and Rotterdam Streets, Avondale, **Atlantis**, 7349
Tel: (021) 572 7461
Fax: (021) 572 2739
Contact: Ms K van der Merwe
2. Stikland Hospital, Out-patients, **Stikland**, 7530
PO Box 1431, Sanlamhof, 7532
Tel: (021) 919 9557, (021) 919 9558
Fax: (021) 919 7383
Contact: Ms L Bosch
3. Saartjie Baartman Centre, Klipfontein Road, Surrey Estate, **Athlone**, 7764
PO Box 528, Gatesville, 7766
Tel: (021) 638 5116, (021) 638 5181
Fax: (021) 637 2832
Contact: Ms V Mvumvu



4. 11 Daphne Crescent, Eastridge, **Mitchells Plain**, 7785
PO Box 761, Westridge, 7802
Tel: (021) 397 2196
Fax: (021) 397 4617
Contact: Ms K Fortune
5. SANCA, E505 Scott Street, **Khayelitsha**, 7784
Tel: (021) 364 5510
Fax: (021) 361 9334
Contact: Ms U Mayinga

Non-governmental organisation—support to substance abusers and dependents: This organisation offers help to people who are addicted to alcohol or chemical substances of any kind, such as nicotine, dagga, mandrax, LSD and other illegal drugs. The following services are offered: assessment, counselling, follow-up care, referrals, preventive programmes, community awareness and education.

■ West Coast District

Reality Culture Spiritual Haven

6 Main Road, Eendekuil, **Piketberg**, 7335

PO Box 174, Eendekuil, 7335

Tel: (022) 942 1033

Fax: (022) 942 1033 / 942 1976

Helpline: (022) 942 1560

E-mail: reality@absamail.co.za

Contact: Mr G du Randt / PWright

Non-governmental organisation—support for substance abusers and dependents: The treatment centre offers treatment to children and adults who are addicted to alcohol and drugs. Provision is made for in-patient treatment, but treatment can also be given on an out-patient basis. Awareness programmes and education on addiction are also given. At the organisation itself, there are also self-help groups that meet on a regular basis. In these, addicts who have been through rehabilitation programmes can give support to one another. The organisation has an outreach initiative that offers the addicts support within their own communities.